



## **Momentum for Change: Planetary Health Category**

### **Climate-Efficient School Kitchens and Plant-Powered Pupils**

#### *Germany*

A powerful solution to addressing climate change lies in the food we eat. Reaching out to young people may well be the most sustainable way of doing that. That is why [ProVeg International](#) has launched two respective interventions.

First, together with the German health insurance provider [BKK ProVita](#), ProVeg launched [Aktion Pflanzen-Power](#) (Plant-Powered Pupils) to educate and empower children to make healthier food choices.

Second, ProVeg and partners from various institutes launched [KEEKS](#) (Climate and energy-efficient kitchens in schools) in 2016, funded by the National Climate Initiative of the German Federal Ministry for the Environment. The KEEKS project trains kitchen staff, trainee chefs, and caterers to prepare sustainable, low-cost, healthy meals in public schools. This includes not only the use of energy-saving kitchen appliances, but also ingredients like plant-based, low-carbon-footprint alternatives to meat. Both projects aim to scale up the availability of healthy and climate-friendly food options in German schools.

#### **Key facts**

- Over 23,000 students from 36 schools across Germany have been reached through Aktion Pflanzen-Power;
- As a one-time addition, 140,000 school students were offered a plant-based school lunch for a week, through cooperation with the world leader in catering, Sodexo;
- 12,500 kitchen staff have been reached through the training programmes and reports on healthy, sustainable food choices;
- If 23,000 children continue to choose plant-based lunches even only once a week on average for a year, it represents a potential 1,076,400 kg reduction in their combined carbon footprint.

#### **More information**

Digital assets are available for download at: <http://bit.ly/mfc2018>

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