GUIDE FOR PARTICIPANTS

VISAS	Please note that all foreign delegates entering South Africa must have a valid passport. To ensure ease of entry to South Africa, participants requiring a visa, or a transit visa in order to travel to South Africa, are strongly encouraged to contact the appropriate consular authorities. To facilitate the issuance of a visa, a copy of the letter of notification of the TC4 meeting should be attached to the visa request. For those of you from countries with a diplomatic mission of South Africa, you should apply for your visas at the diplomatic mission of South Africa in your country. For those of you from countries without a South African consulate or embassy should apply to the country closest to you where a South African consulate of embassy is available.
YELLOW FEVER	South Africa is a yellow fever free zone and in order to prevent its introduction into the country, all persons over one year of age travelling or transiting from an infected area are required to provide a valid yellow fever certificate. (Please see the following link for more information and a list of infected countries http://southafricahouseuk.com/documents/yellowfever.pdf - this list is in line with the International Health Regulations (IHR, 2005)
HOTELS	If your require assistance locating and booking accommodation for your stay in Cape Town during the TC4 meeting you are welcome to contact: Tuané Rover Hotel Service Department Convention Square, 1 Lower Long Street, Cape Town 8001, South Africa Tel: +27 21 410 5000 Fax: +27 21 410 5001 Email: tuane@cticc.co.za Visit our world-class facility at www.cticc.co.za
MEDICAL INSURANCE	Participants are strongly recommended to obtain, before departure to Cape Town, comprehensive international medical insurance for the period of participation.
VENUE	The Fourth Technical Committee meeting will be held at the Cape Town International Convention Center (CTICC) at the following address: Convention Square 1 Lower Long Street Cape Town 8001
WEATHER	Overall, the Western Cape climate is typically Mediterranean, with warm, dry summers and mild, moist winters and low summer rainfall prevail. Near the coast,

	summer's temperature rises from a pleasant low of 15°C to a heart warming 27°C. Inland temperatures are some 3-5°C higher. Coastal winters see the mercury dropping to a mild 7°C at night and rising to a comfortable 18°C by day. Away from the beach, morning wakens to an invigorating 5°C and midday peaks at 22°C. To many, March and April signal idyllic weather. Summer's heat subsides, the wind settles and autumn casts its brightly coloured mantle over the vineyards, generating red, burnished vistas spreading from the mountain tops to the sea. In keeping with its sunny, tranquil character, a temperate climate with gentle, intermittent precipitation complements the warm summers and mild winters of the Garden Route.
SOUTH AFRICAN STANDARD TIME	South African standard Time is two hours in advance of Greenwich Mean Time (GMT +2), one hour in advance of central European winter time and seven hours in advance of United States eastern standard time throughout the year. There are no time zone differences within the country
ELECTRICITY	220/230 volts AC at 50 cycles per second. Three pronged plugs are universal, so take an adapter. Most hotel rooms have 110 volt outlets for electric shavers and small appliances.
CURRENCY	One Rand (R) = 100 cents (c). Notes issued R200, R100, R50, R20, R10; coins R5, R2, R1, 50c 20c, 10c, 5c. Currency exchange rates are available at banks and published daily in the press or see South Africa Current Exchange Rates which are updated daily.
SECURITY AND SAFETY	We advise you to take a few basic precautions. All valuables, passports, cameras, should be locked in the safe of your hotel. Valuables should be carried discreetly when walking in cities. Gold and other expensive items offered for sale by street vendors are likely to be fakes or stolen property. Do not participate in pavement games as they are operated by well organised gangs and money can be stolen while you are distracted. Public transport is available in South Africa, so there is no need to hitch-hike. Local residents will advise you on safe transport. If driving, do not pick up hitch-hikers and ensure that your car doors are locked at all times. The South African Police are easily recognised in their blue uniforms and by their white and blue patrol vehicles.