# Arab Youth Toolkits: Action Steps for a Sustainable Lifestyle - Conscious Consumerism



## **Providing Institution(s)**

Arab Youth Center, Arab youth council for climate change



#### Topic(s)

Youth Engagement



# Geographical reach

Global, Global



# Target level of capacity

building Individual



#### Resource Type

Tool



### Resource Language(s)

English (EN), Arabic (AR)



#### **Resource Date**

2023

## **RESOURCE LINK**



## Access

#### DESCRIPTION



This toolkit aims to empower youth to adopt sustainable practices in their daily lives, particularly focusing on conscious consumerism.

It provides practical guidance across six different and interrelated categories: water consumption, food consumption, shopping, housing, travel, and waste management.

It aims to educate and inspire young people to contribute positively and set an example.

