

Understanding resilience thinking



Providing Institution(s)

Convention on Biological
Diversity (CBD)



Topic(s)

Adaptation



Geographical reach

Global, Global



Target level of capacity building

Individual



Resource Type

Online course



Resource Language(s)

English (EN), French (FR),
Spanish (ES)



Resource Date

RESOURCE LINK



[Access](#)

DESCRIPTION



Understanding Resilience Thinking introduces the concept of resilience and links it to adaptation and capacity-building.

The training focuses on assessing resilience and devising sustainable development plans and conservation actions.

Resilience assessments provide a framework to identify relevant actors, determine governance issues, evaluate potential trends and dynamics, and analyse potential traps and transformability.

This framework of assessment guides intervention and the development of an action plan to empower actors and decision-makers to build resilient communities.